January 2018 LAMONI COMMUNITY SCHOOL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
			French Toast/Sausage	Sau/Egg/Cheese Sand	Muffin /Cheese Stick	
			Stuffed Cheese Sticks	Popcorn Chicken	Chili & Breadstick	
			Corn	Green Beans	Fruit & Veggie Bar	
			Fruit and Salad Bar	Fruit & Veggie Bar		
	8	9	10	11	12	
	Omelet/Hash brown	Breakfast Pizza	Cinnamon Roll &	Biscuit/Gravy	Egg/Bacon/Toast	
	Pizza & Rice	Chicken Patty/Bun	Cheese Stick	Burrito /Refried Beans	Chicken Gravy	
	Fruit & Veggie Bar	Tater Tots	Pork Fritter/Potatoes	Fruit & Veggie Bar	Biscuit/ Green Beans	
		Fruit & Veggie Bar	Gravy/Hot Roll		Fruit & Veggie Bar	
			Fruit & Veggie Bar			
	15	16	17	18	19	
	Oatmeal /Toast	French Toast/Sausage	Egg/Bacon/Toast	Biscuit/Gravy	Pancake/Sausage	
	Popcorn Chicken	Hamburger/Bun	Goulash/Corn/B&B	Mr Rib/Bun/Wedges	Corndog (turkey)	
	Carrots	French Fries	Fruit & Veggie Bar	Fruit & Veggie Bar	Baked Beans/Chips	
	Fruit & Veggie Bar	Fruit & Veggie Bar			Fruit & Veggie Bar	
	22	23	24	25	26	
	Muffin/Cheese Stick	Pop Tart/Boiled Egg	French Toast/Sausage	Oatmeal /Toast	Biscuit/Gravy	
	Pizza & Rice	Sloppy Joe/Bun/Chips	Enchilada Bake/Rice	Pork Fritter/Gravy	Cook's Choice	
	Fruit & Salad Bar	Fruit & Veggie Bar	Fruit & Veggie Bar	Potatoes/Roll		
				Fruit & Veggie Bar		
	R	30	31			
	Pancake/Bacon	Muffin /Cheese	Breakfast Pizza			
	Chicken Patty/Bun	Spaghetti/Meatballs	Chicken Nuggets			
	Backed Beans	Green Beans	Corn			
	Fruit & Veggie Bar	Garlic Toast	Fruit & Veggie Bar			
		Fruit & Veggie Bar				